

# **DISCOVERING KINSTON, NC: Featuring the Renowned Restaurant *Chef and the Farmer***

**October 13, 2015**

**07:45 A.M.:** Board chartered motor coach\*

**08:00 A.M.:** Wheels roll toward Kinston, NC

**10:00 A.M.:** Arrive Kinston-Lenoir Visitor's Center for an official welcome.

**10:30 A.M.:** Mid-morning snack at the Hawk's Nest-- a fascinating restored building.

**10:45 A.M.:** Tour Harmony Hall, once the home of Governor Richard Caswell,

**11:30 A.M.:** View artifacts of the Confederate Civil war ironclad, CSS Neuse, and explore the life of Gov. Caswell at the CSS Neuse Interpretative Center.

**12:30 A.M.:** Walk to CSS Neuse II (board the ironclad if you wish to climb 34 steps) or visit/shop the Farmer's Market.

**01:00 P.M.:** Light lunch at Queen Street Deli with Lorraine, sister of "the chef."

**02:00 P.M.:** Guided tour of the O'Neal Hotel.

**02:45 P.M.:** Visit the exhibit by the Community Council for the Arts that displays many forms of art, talk with artists, and enjoy the impressive model train display.

Free time at Heritage Landing for shopping. You may stroll and shop for cookware, antiques, sweets, clothes, a general store, and a GI Joe Military Museum.

**05:00 P.M.:** Drive to Chef and the Farmer for a "farm to table" dinner buffet including Chicken, Pork and a NY Strip Carving Station with seasonal specialties for which this restaurant is renowned. Chef Vivian is the star of "*A Chef's Life*" by PBS.

**07:00 P.M.** Begin our trek back to Wilmington--arriving around 9 P.M.\*

**COST:** \$150 per person inclusive. (Does not include the gratuity for the motor coach driver.)

**MAKE CHECK PAYABLE TO:** Natural Family Resources, Inc.

**MAIL TO:** 6451 Quail Run Road, Wilmington, NC 28409. Please include tel. # and email address.

*\*A departure/return site is planned for the **BACK** parking lot at Winter Park Baptist Church. The church is located at 4700 Wrightsville Avenue and has a tall, white steeple. The **BACK** of the church is on Park Avenue where there is no street number. You will see vehicles marked "Winter Park Baptist Church" parked on the lot and most likely our motor coach will be in place when you arrive. You may leave your car there **AT YOUR RISK**. Thus, please park in the small circle next to Pine Grove Drive and under the parking lot lights (for safety).*

**Responsibility:** Natural & Family Resources, Inc. purchases travel services (transportation, lodging, food, tours, entertainment) from various independent suppliers. Natural & Family Resources, Inc. cannot be held liable for any personal injury or property damage which may occur under the control of those suppliers. Further, Natural & Family Resources, Inc. and Frances B. Parnell must be released and held harmless from any liability for delays or cost increases for services that are imposed beyond the control of Natural & Family Resources, Inc.